



APRIL

Mount Vernon School District *Growing Healthy Students!*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>31-Mar</p> <p>Chicken Nuggets Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>CT Crunch Bar & String Cheese Fresh Fruit & Milk</p>	<p>1-Apr</p> <p>Cheeseburger French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Apple Cinnamon Oatmeal Round & Yogurt Fresh Fruit & Milk</p>	<p>2-Apr</p> <p>Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Pancake on a Stick Fresh Fruit & Milk</p>	<p>3-Apr</p> <p>Chicken Enchilada Empanada Seasoned Pinto Beans Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Breakfast Pizza Fresh Fruit & Milk</p>	<p>4-Apr</p> <p>Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Fruit and Yogurt Parfait Fresh Fruit & Milk</p>
<p>7-Apr</p> <p>Spring Break!</p>	<p>8-Apr</p> <p>April 7-11.</p>	<p>9-Apr</p> <p>Have FUN!</p>	<p>10-Apr</p> <p>Smile BIG!</p>	<p>11-Apr</p> <p>Back April 11th</p>
<p>14-Apr</p> <p>Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>CT Crunch Bar & String Cheese Fresh Fruit & Milk</p>	<p>15-Apr</p> <p>Chicken Burger Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Apple Cinnamon Oatmeal Round & Yogurt Fresh Fruit & Milk</p>	<p>16-Apr</p> <p>Beefy Mac Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Pancake on a Stick Fresh Fruit & Milk</p>	<p>17-Apr</p> <p>Burrito w/ Hot sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Breakfast Pizza Fresh Fruit & Milk</p>	<p>18-Apr</p> <p>Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Fruit and Yogurt Parfait Fresh Fruit & Milk</p>
<p>21-Apr</p> <p>Chicken Strips Baked Cheetos Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>CT Crunch Bar & String Cheese Fresh Fruit & Milk</p>	<p>22-Apr</p> <p>Hotdog French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Apple Cinnamon Oatmeal Round & Yogurt Fresh Fruit & Milk</p>	<p>23-Apr</p> <p>Breakfast for Lunch Mini French Toast & Turkey Sausage Patty Dried Cherries Fresh Vegetables 1% White Milk or Chocolate Milk</p> <p>Pancake on a Stick Fresh Fruit & Milk</p>	<p>24-Apr</p> <p>Chicken Soft taco Black Beans and Corn Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Breakfast Pizza Fresh Fruit & Milk</p>	<p>25-Apr</p> <p>Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Fruit and Yogurt Parfait Fresh Fruit & Milk</p>
<p>28-Apr</p> <p>Corndog Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>CT Crunch Bar & String Cheese Fresh Fruit & Milk</p>	<p>29-Apr</p> <p>Hamburger Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Apple Cinnamon Oatmeal Round & Yogurt Fresh Fruit & Milk</p>	<p>30-Apr</p> <p>Ham and Cheese Hoagie Sun Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Pancake on a Stick Fresh Fruit & Milk</p>	<p>1-May</p> <p>Turkey Taco Nachos w/ Pico Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Breakfast Pizza Fresh Fruit & Milk</p>	<p>2-May</p> <p>Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p> <p>Fruit and Yogurt Parfait Fresh Fruit & Milk</p>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call Food Service Supervisor, at (360) 428-6149.