



Mount Vernon School District

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
2-Feb Chicken Nuggets Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	3-Feb Penne Pasta Bake Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	4-Feb Cheeseburger Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	5-Feb Burrito Black Beans & Corn Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	6-Feb Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Banana Bread & Cheese Stick <i>Fresh Fruit & Milk</i>	Franz Bagel & Cream Cheese <i>Fresh Fruit & Milk</i>	Pancake on a Stick <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Maple Frosted Long John <i>Fresh Fruit & Milk</i>
9-Feb Cheese Stuffed Breadsticks Marinera Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	10-Feb Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk	11-Feb Turkey & Cheese Hoagie Lays Potato Chip Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	12-Feb Chicken & Cheese Quesadilla Seasoned Pinto Beans Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	13-Feb Stuffed Crust Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
UBC & Cheese Stick <i>Fresh Fruit & Milk</i>	Franz Bagel & Cream Cheese <i>Fresh Fruit & Milk</i>	Pancake on a Stick <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Maple Frosted Long John <i>Fresh Fruit & Milk</i>
16-Feb NO SCHOOL! President's Day	17-Feb Mac and Cheese Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	18-Feb Sloppy Joe Potato Smiles Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	19-Feb Corndog Mixed Diced Fruit Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	20-Feb Stuffed Crust Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
	Franz Bagel & Cream Cheese <i>Fresh Fruit & Milk</i>	Pancake on a Stick <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Maple Frosted Long John <i>Fresh Fruit & Milk</i>
23-Feb Chicken Strips French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	24-Feb Mandarin Orange Chicken Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk	25-Feb Hamburger Caesar Salad Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	26-Feb Turkey Taco Nachos w/ Pico De Gallo Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	27-Feb Stuffed Crust Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Banana Bread & Cheese Stick <i>Fresh Fruit & Milk</i>	Franz Bagel & Cream Cheese <i>Fresh Fruit & Milk</i>	Pancake on a Stick <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Maple Frosted Long John <i>Fresh Fruit & Milk</i>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call Cheyenne Walker, Food Services Supervisor, at (360) 428-6149.