



**Mount Vernon
School District**
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
1-Feb Turkey and Cheese Sandwich Chips Fresh Fruit & Veg Chocolate Milk	2-Feb Pizza Side Caesar Salad Fresh Fruit Chocolate Milk	3-Feb Soft Pretzel w/ Cheese Sauce Cup Fresh Fruit & Veg Chocolate Milk	4-Feb Chicken Nuggets Goldfish Crackers Fresh Fruit & Veg Chocolate Milk	5-Feb Grilled Chicken Burger Chips Fresh Fruit & Veg Chocolate Milk Rice Krispie Treat
Cereal & Cracker Pack <i>Fresh Fruit & 1% Milk</i>	Belgium Waffle <i>Fresh Fruit & 1% Milk</i>	Muffin <i>Fresh Fruit & 1% Milk</i>	Mini French Toast <i>Fresh Fruit & 1% Milk</i>	Breakfast Bar <i>Fresh Fruit & 1% Milk</i>
8-Feb Cheese Stuffed Breadsticks Marinera Dipping Cup Fresh Fruit & Veg Chocolate Milk	9-Feb Pizza Side Caesar Salad Fresh Fruit Chocolate Milk	10-Feb Green Chile & Cheese Tamale w/ Hot Sauce & Sour Cream Fresh Fruit & Veg Chocolate Milk	11-Feb Mac and Cheese Garlic Bread Fresh Fruit & Veg Chocolate Milk	12-Feb Cheeseburger Chips Fresh Fruit & Veg Chocolate Milk Cookie
Cereal & Cracker Pack <i>Fresh Fruit & 1% Milk</i>	Belgium Waffle <i>Fresh Fruit & 1% Milk</i>	Muffin <i>Fresh Fruit & 1% Milk</i>	Mini French Toast <i>Fresh Fruit & 1% Milk</i>	Whole Grain Donut <i>Fresh Fruit & 1% Milk</i>
15-Feb NO SCHOOL! President's Day	16-Feb Pizza Presidential Crackers! Fresh Fruit Chocolate Milk	17-Feb Cheese Stuffwich Celery Sticks & Ranch Fresh Fruit & Veg Chocolate Milk	18-Feb Burrito Jicama Fresh Vegetable Chocolate Milk	19-Feb Hamburger Chips Fresh Fruit & Veg Chocolate Milk Rice Krispie Treat
	Belgium Waffle <i>Fresh Fruit & 1% Milk</i>	Muffin <i>Fresh Fruit & 1% Milk</i>	Mini French Toast <i>Fresh Fruit & 1% Milk</i>	Breakfast Bar <i>Fresh Fruit & 1% Milk</i>
22-Feb PB & J Sandwich Whole Grain Crackers Fresh Fruit & Veg Chocolate Milk	23-Feb Pizza Side Caesar Salad Fresh Fruit Chocolate Milk	24-Feb Corndog Red Grapes Fresh Veg Chocolate Milk	25-Feb Nacho Bites w/ Salsa Fresh Fruit & Veg Chocolate Milk	26-Feb Breaded Chicken Burger Chips Fresh Fruit & Veg Chocolate Milk
Cereal & Cracker Pack <i>Fresh Fruit & 1% Milk</i>	Belgium Waffle <i>Fresh Fruit & 1% Milk</i>	Muffin <i>Fresh Fruit & 1% Milk</i>	Mini French Toast <i>Fresh Fruit & 1% Milk</i>	Whole Grain Donut <i>Fresh Fruit & 1% Milk</i>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Services Director, at (360) 428-6149.