



**Mount Vernon
School District**
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
29-Mar Turkey and Cheese Sandwich Chips Fresh Fruit & Veg Chocolate Milk	30-Mar Pizza Carrots & Hummus Fresh Fruit Chocolate Milk	31-Mar Soft Pretzel w/ Cheese Sauce Cup Yogurt Fresh Fruit & Veg Chocolate Milk	1-Apr Chicken Nuggets Goldfish Crackers Fresh Fruit & Veg Chocolate Milk	2-Apr Breaded Chicken Burger Chips Fresh Fruit & Veg Chocolate Milk Rice Krispie Treat
Cereal & Cracker Pack Fresh Fruit & 1% Milk	Banana Bread Fresh Fruit & 1% Milk	Muffin Fresh Fruit & 1% Milk	Fruit Strudel Fresh Fruit & 1% Milk	Bagel & Cream Cheese Fresh Fruit & 1% Milk
5-Apr Spring Break!	6-Apr April 5-9.	7-Apr Have FUN!	8-Apr Be SAFE!	9-Apr Back April 12th
12-Apr Chicken Nuggets Goldfish Crackers Fresh Fruit & Veg Chocolate Milk	13-Apr Pizza Celery Sticks & Ranch Fresh Fruit Chocolate Milk	14-Apr Cheese Stuffwich Yogurt Fresh Fruit & Veg Chocolate Milk	15-Apr Burrito Jicama Fresh Vegetable Chocolate Milk	16-Apr Hamburger Chips Fresh Fruit & Veg Chocolate Milk Cookie
Cereal & Cracker Pack Fresh Fruit & 1% Milk	Zucchini Bread Fresh Fruit & 1% Milk	Muffin Fresh Fruit & 1% Milk	Fruit Strudel Fresh Fruit & 1% Milk	Breakfast Bar Fresh Fruit & 1% Milk
19-Apr SunButter & Jelly Sandwich Cheez-its Fresh Fruit & Veg Chocolate Milk	20-Apr Pizza Carrots & Ranch Fresh Fruit & Veg Chocolate Milk	21-Apr Corndog Red Grapes Fresh Veg Chocolate Milk	22-Apr Nacho Bites w/ Salsa Fresh Fruit & Veg Chocolate Milk	23-Apr Cheeseburger Chips Fresh Fruit & Veg Chocolate Milk Rice Krispie Treat
Cereal & Cracker Pack Fresh Fruit & 1% Milk	Banana Bread Fresh Fruit & 1% Milk	Muffin Fresh Fruit & 1% Milk	Fruit Strudel Fresh Fruit & 1% Milk	Bagel & Cream Cheese Fresh Fruit & 1% Milk
26-Apr Cheese Stuffed Breadsticks Marinera Dipping Cup Fresh Fruit & Veg Chocolate Milk	27-Apr Pizza Celery Sticks & Hummus Fresh Fruit Chocolate Milk	28-Apr Green Chili & Cheese Tamale w/ Hot Sauce & Sour Cream Fresh Fruit & Veg Chocolate Milk	29-Apr SunButter & Jelly Sandwich Cheez-its Fresh Fruit & Veg Chocolate Milk	30-Apr Breaded Chicken Burger Chips Fresh Fruit & Veg Chocolate Milk Cookie
Cereal & Cracker Pack Fresh Fruit & 1% Milk	Zucchini Bread Fresh Fruit & 1% Milk	Muffin Fresh Fruit & 1% Milk	Fruit Strudel Fresh Fruit & 1% Milk	Breakfast Bar Fresh Fruit & 1% Milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice.

Questions? Call David Connors, Food Services Director, at (360) 428-6149.