



Mount Vernon School District

Growing Healthy Students!

Meal Prices:
Elementary Breakfast & Lunch: No Charge
 Adult Lunch & Salad Bar: \$5.00
 Side Milk: \$0.75

Monday	Tuesday	Wednesday	Thursday	Friday
7-Nov Mandarin Orange Chicken Steamed Rice & Veggies Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	8-Nov Hotdog Chips Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	9-Nov Cheeseburger Mac Garlic Bread Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	10-Nov Pizza Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	11-Nov Veteran's Day No School
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Mini Maple Waffles <i>Fresh Fruit & Milk</i>	Sausage, Egg, Cheese Burrito <i>Fresh Fruit & Milk</i>	
14-Nov Corndog French Fries Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	15-Nov Chicken Burger Chips Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	16-Nov Burrito w/Pico de Gallo Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	17-Nov Turkey Gravy and Mash Potatoes Dinner Roll & Cookie! Fresh Fruit & Salad Bar 1% White Milk or Chocolate Milk	18-Nov Pizza Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Mini Maple Waffles <i>Fresh Fruit & Milk</i>	Pancake on a stick <i>Fresh Fruit & Milk</i>	Cinnamon Roll <i>Fresh Fruit & Milk</i>
21-Nov Chicken Strips Sunchips Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	22-Nov Hamburger Chips Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	23-Nov Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	24-Nov Thanksgiving Day! No Meal Service	25-Nov No Meal Service
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Mini Maple Waffles <i>Fresh Fruit & Milk</i>		
28-Nov Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	29-Nov Turkey and Cheese Sandwich Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	30-Nov Spaghetti w/ Meatsauce Garlic Bread Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	1-Dec Chicken Quesadilla Jicama & Limes Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	2-Dec Pizza Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Mini Maple Waffles <i>Fresh Fruit & Milk</i>	Pancake on a stick <i>Fresh Fruit & Milk</i>	Ultimate Breakfast Cookie <i>Fresh Fruit & Milk</i>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
 Questions? Call David Connors, Food Services Director, at (360) 428-6149.