








Mount Vernon School District

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4-Dec</p> <p>Chicken Strips Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>5-Dec</p> <p>Corndog Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>6-Dec</p> <p>Spaghetti & Meatsauce Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>7-Dec</p> <p>Burrito w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>8-Dec</p> <p>Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>
<p>Cereal Choice & Cracker Fresh Fruit & Milk</p>	<p>Breakfast Pizza Fresh Fruit & Milk</p>	<p>Strawberry Cream Cheese Bagel Fresh Fruit & Milk</p>	<p>Pancake on a stick Fresh Fruit & Milk</p>	<p>Cinnamon Roll Fresh Fruit & Milk</p>
<p>11-Dec</p> <p>Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>12-Dec</p> <p>Hamburger Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>13-Dec</p> <p>Calzone Caesar Salad Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>14-Dec</p> <p>KFC Bowl Popcorn Chicken Mashed Potatos w/ Gravy Fresh Fruit and Veg 1% White Milk or Chocolate Milk</p>	<p>15-Dec</p> <p>Cook's Choice Cookie! Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>
<p>Cereal Choice & Cracker Fresh Fruit & Milk</p>	<p>Breakfast Pizza Fresh Fruit & Milk</p>	<p>Strawberry Cream Cheese Bagel Fresh Fruit & Milk</p>	<p>Pancake on a stick Fresh Fruit & Milk</p>	<p>Cinnamon Toast Crunch Bar Fresh Fruit & Milk</p>
<p>18-Dec</p> 	<p>19-Dec</p> 	<p>20-Dec</p> 	<p>21-Dec</p> 	<p>22-Dec</p> 
<p>Winter Break - No School.</p>				
<p>Winter Break - No School. Dec 18 - Dec 29. Back Jan 2</p>				

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
 Questions? Call David Connors, Food Services Director, at (360) 428-6149.

