



Mount Vernon School District

Growing Healthy Students!

Meal Prices:
Elementary Breakfast & Lunch: No Charge
 Adult Lunch & Salad Bar: **\$5.00**
 Side Milk: **\$0.75**

Monday	Tuesday	Wednesday	Thursday	Friday
6-Nov Mandarin Orange Chicken Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk	7-Nov Chicken Burger Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	8-Nov Cheeseburger Mac Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	9-Nov Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	10-Nov Veteran's Day No School
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Pancake on a Stick <i>Fresh Fruit & Milk</i>	Cinnamon Roll <i>Fresh Fruit & Milk</i>	
13-Nov Chicken Nuggets Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	14-Nov Corndog Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	15-Nov Burrito w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	16-Nov Turkey Gravy and Mash Potatoes Dinner Roll & Cookie! Fresh Fruit & Salad Bar 1% White Milk or Chocolate Milk	17-Nov Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Muffin & String Cheese <i>Fresh Fruit & Milk</i>	Pancake on a stick <i>Fresh Fruit & Milk</i>	Long John <i>Fresh Fruit & Milk</i>
20-Nov Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk	21-Nov Hamburger French fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	22-Nov Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	23-Nov Thanksgiving Day! No Meal Service	24-Nov No Meal Service
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Pancake on a stick <i>Fresh Fruit & Milk</i>		
27-Nov Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	28-Nov Ham and Cheese Sandwich Lays Potato Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	29-Nov Beef Chili Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	30-Nov Soft Turkey Taco w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	1-Dec Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Muffin & String Cheese <i>Fresh Fruit & Milk</i>	Pancake on a stick <i>Fresh Fruit & Milk</i>	Cinnamon Toast Crunch Bar <i>Fresh Fruit & Milk</i>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
 Questions? Call David Connors, Food Services Director, at (360) 428-6149.