



JUNE



Mount Vernon School District
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
3-Jun	4-Jun	5-Jun	6-Jun	7-Jun
Chicken Nuggets Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Hamburger French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Mac and Cheese Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Chicken Quesadilla w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Cinnamon Toast Crunch Bar <i>Fresh Fruit & Milk</i>	Pancake & Sausage on a Stick <i>Fresh Fruit & Milk</i>	Bagel and Cream Cheese <i>Fresh Fruit & Milk</i>
10-Jun	11-Jun	12-Jun	13-Jun	14-Jun
Corndog Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Chicken Burger Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Burrito w/ Hot sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>	Cinnamon Toast Crunch Bar <i>Fresh Fruit & Milk</i>	Pancake & Sausage on a Stick <i>Fresh Fruit & Milk</i>	Bagel and Cream Cheese <i>Fresh Fruit & Milk</i>
17-Jun	18-Jun	19-Jun	20-Jun	21-Jun
Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Hotdog Cheez-it Crackers Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Juneteenth No School	Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Sunbutter and Jelly Sandwich Chips and Cookie! Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & Milk</i>	Breakfast Pizza <i>Fresh Fruit & Milk</i>		Pancake & Sausage on a Stick <i>Fresh Fruit & Milk</i>	Bagel and Cream Cheese <i>Fresh Fruit & Milk</i>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call Cheyenne Walker, Food Service Supervisor, at (360) 428-6149.

Summer Meal Service - Free for any child 18 and under. Breakfast & Lunch.

-LaVenture Middle School, 1200 N Laventure Rd. June 24 to Aug 1st. M-Thur
Breakfast 8:00am-8:25am
Lunch 10:30am-12:00pm

Skagit Valley College Cardinal Center, 2405 E College Way. July 8th to Aug 8th. M-Thur
Breakfast is served 8:50 to 10:10 AM
Lunch is served 11:50 AM to 1:00 pm